



LIVE WELL DAY *FEATURING* THE WORLD'S LEADING EXPERTS

FREE

Feel Great, Live Long, Be Well

Don't miss this exclusive **Live Well Day**, featuring the world's leading experts in the fields of physical and mental wellbeing. Learn facts and strategies that will enable you to live happily and healthily. From personal fitness to spiritual healing, from reversing the aging process to developing your medical intuition, our world class speakers will offer you **REAL SOLUTIONS** and strategies for living a healthy life.

Course 576H
Sec. A Sat. May 13 9am-7pm
Course fee: **FREE!**

SEATING IS LIMITED - YOU MUST REGISTER EARLY!

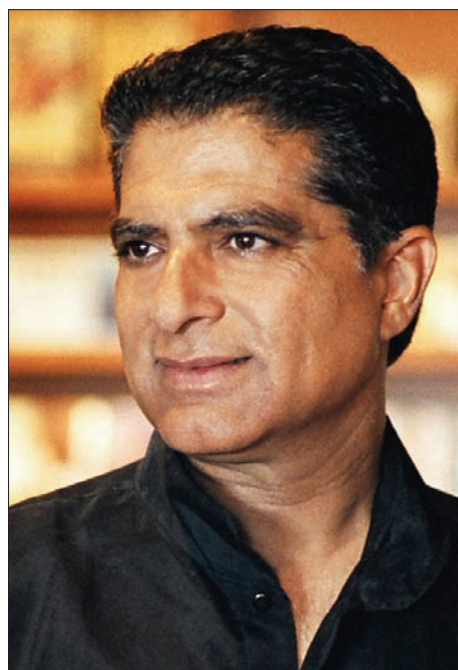
Keynote Speaker: **Deepak Chopra** *The Seven Spiritual Laws of Love*

Dr. Deepak Chopra is one of the world's leaders in the field of mind/body medicine. As the founder of **The Chopra Center**, Deepak is revolutionizing common wisdom about the crucial connection between body, mind, spirit and healing. His work has helped millions of people around the globe and he's one of the most revered and recognized speakers on the planet.

Now, join the renowned healer and prolific bestselling author as he examines the nature of human love and relationships for the first time. Exploring the topic of his new book, Chopra takes a look at the universal themes of sexuality and spirituality in a dynamic new way. Drawing from India's most cherished text, Deepak explores the *Kama Sutra* as it relates to our spiritual and emotional health. He'll discuss:

- The hidden dimensions of our spiritual existence
- His new book – *Kama Sutra: Timeless Erotica and The Seven Spiritual Laws of Love*
- The biology of human relationships
- Simple, practical applications that partners can bring into their relationship to enhance and entice their intimacy
- And much, much more!

"Deepak Chopra is one of the top 100 heroes and icons of the century." – Time magazine



Deepak Chopra

Bestselling Author Kevin Trudeau *Natural Cures "They" Don't Want You to Know About*

Natural health expert and consumer advocate **Kevin Trudeau** has unearthed thousands of natural cures that are available to anyone – whether the government and pharmaceutical companies want you to know about them or not. Find out why Kevin's book was #1 on the *New York Times Bestseller List* for 25 weeks! Kevin will share with you:

- The causes of virtually all disease
- Secret ways of losing weight without the crazy diets and exercise
- Natural cures for everything from everyday aches and pains to life-threatening illness
- Dietary tips that nullify sickness and leave you energized.

You can make drugs and surgery a thing of the past with a little help from Kevin Trudeau!

Kevin Trudeau is fast becoming the nation's foremost consumer advocate. His book, Natural Cures "They" Don't Want You to Know About, has sold over 5 million copies. He currently spends his time running NaturalCures.com, a website promoting education about natural healing; and TheWhistleBlower.com, a website dedicated to exposing government and corporate corruption.



Kevin Trudeau

THIS EVENT IS FREE - REGISTER EARLY - THIS EVENT WILL SELL OUT!

The Learning Annex Live Well Day

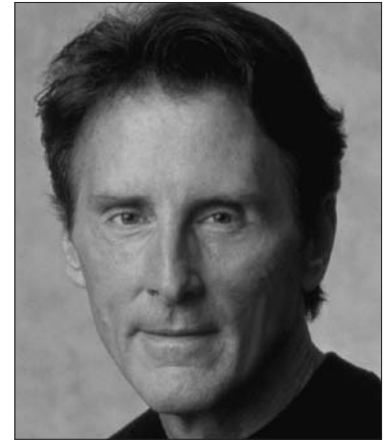
Keynote Speaker

Gary Null

Increase Energy and Reverse the Aging process

Time called **Gary Null** the "New Mr. Natural." *My Generation* notes him as one of the nation's top four health gurus. Now, he's coming to teach you simple ways to look younger, feel better, reduce wrinkles, lower cholesterol, lose weight and more. In this amazing, information-packed seminar, Gary will draw on his more than 3 decades of research and teach you how to:

- Add years to your life
- Instantly rejuvenate your skin and hair
- Boost your energy levels to get the most out of your day
- Reverse the aging process
- Overcome everyday aches and pains
- Plus: What you need to know about Chronic Fatigue Syndrome.



Gary Null

Gary Null is an award-winning journalist, talk radio and television host, reporter and filmmaker. He has written more than 70 books on nutrition, personal development and public health issues. He has been featured in numerous publications and on all the top talk shows, including Oprah, Late Night with David Letterman and the Tonight Show.

Fitness Made Simple

John Basedow

Internationally renowned fitness personality **John Basedow** has the secrets to making you more fit than you've ever been. With a potent combination of inspiration and exercises, John will show you how to:

- Sculpt a lean, muscular physique
- Quickly and simply burn fat and reveal 6-pack abs
- Use the Top 10 Tips for Living Lean & Healthy.



Instant Facelift!

Hattie

If you want to take years off your face and body, forget about cosmetic surgery or injections. Beauty expert **Hattie** has all the techniques you'll need to:

- Look 10 – 15 years younger
- Tighten droopy eyelids, sagging cheeks and double chins
- Get smoother and sexier skin. Achieve beauty from within for a lifetime! With Hattie's exercises, you'll notice immediate results. Get smoother and sexier skin!



Medical Intuition: How to Heal Yourself

David Markowitz

If you've been suffering from pain or illness that isn't going away, you must understand and address the underlying causes – many of which stem from repressed emotions. In this class with powerful mind-body medicine practitioner **David Markowitz**, you will:

- Understand the underlying origin of pain and illness
- Learn the Five Steps to Health – to reduce, eliminate or prevent pain and illness on your own.



Lose 20lbs in 20 Days!

Evan Chacker

Need to lose weight quickly for a special event...or just because? Personal trainer **Evan Chacker** has the strategies to help you lose weight fast. His fun, high-energy course will provide you the mindset and techniques to make the unwanted weight melt away. Learn how to:

- Get motivated and stay that way
- Eat to burn calories
- Use simple exercises to burn fat quickly
- What to do when the 20 days are over.



