

Medical Intuition; An Example

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“I’ve had sciatica with varying amounts of pain ranging from moderate to excruciating. For forty years I’ve had this and some days I was unable to walk. In one session with Dave...I experienced about an 80 percent reduction in pain and by the next day, and ever since then, I have been completely pain-free.” —Nina P.

Many of the current diagnoses, treatments, and prognoses can add to the frustration of people suffering from sciatica, or other types of chronic or even acute pain. Why? Because to reverse or eliminate symptoms without side effects, one must know the underlying cause. Some say it’s a bulging or ruptured disc, however, according to a study done by the George Washington University Medical Center, almost one third of *asymptomatic* (not in pain) MRI recipients had an “identifiable abnormality of a disc or of the spinal canal.” Therefore, in many cases, the presence of a herniated disc may have little to do with the amount of pain someone is experiencing.

Well-meaning practitioners can only come from within their own paradigm; it’s up to us to see which one best serves us. Western medicine might recommend physical therapy a/or medication, and predict the recovery time for sciatica as being around a year—and it often is! Oh, how right they are! A chiropractor might diagnose subluxations and recommend “vertebral adjustments,” usually starting out at three times per week and very gradually decreasing that amount while predicting recovery at six to eight months—and it often takes that long! Right again! An Acupuncturist may diagnose this symptom as an imbalance in the gall bladder meridian, and recommend two to three treatments per week for two to three months—and that’s about how long it takes! Once again, correct! These numbers of course will vary, but words have power, and by diagnosing this type of pain as sciatica, piriformis syndrome, a vertebral subluxation, or even a gall bladder meridian imbalance, the patient can be limited to the commonly accepted understanding and prognosis associated with each. I, however, call it “a temporary misalignment in the quantum field of pure potentiality,” or more simply, an opportunity.

Nina was already well aware of the mind-body connection but had yet to be guided in using it to her full potential. Because she only experienced this pain while standing up, I told her she had a “standing up” problem and not to call it sciatica. I asked her what the words “standing up” meant to her, and she said it was about taking responsibility. We talked about that for a few minutes and looked into what, or more accurately, who, she was feeling responsible for. It turned out that she was feeling responsible for her daughter. While that can be appreciated, ultimately, her daughter had to live her own life. A parent can guide a child, but at some time, the “energetic cord” must be cut. We concluded that this behavior was not what she wished to experience; that who she felt responsible for had to learn her own lessons. We discussed that no matter how much she cared for her daughter, no one is responsible for the path of another’s soul. Within a few minutes of Nina fully accepting this perspective, I felt her energy shift and asked her to stand up. At that point, she claimed to have experienced an 80 percent reduction in pain. When I saw her a few months later, she said that within a few days of her last visit and up until that point, she was living pain-free.